



USA Boxing Rules Reference Chart -- Guide for making matches at the Local Level. (January 2017)



	Prep			Junior	Youth Men	Elite Men	Youth Women	Elite Women	Masters
	Pee Wee	Bantam	Intermediate						
Age	8, 9, 10	11, 12	13, 14	15, 16	17, 18	19 to 40	17, 18	19 to 40	35 and older
Weight Categories (in lbs)	5 lb increments up to 100 lbs, then 101, 106, 110, 114, 119, 125, 132, 138, 145, 154, 165, 176, 176+	5 lb increments up to 100 lbs, then 101, 106, 110, 114, 119, 125, 132, 138, 145, 154, 165, 176, 176+	5 lb increments up to 100 lbs, then 101, 106, 110, 114, 119, 125, 132, 138, 145, 154, 165, 176, 176+	5 lb increments up to 100 lbs, then 101, 106, 110, 114, 119, 125, 132, 138, 145, 154, 165, 176, 176+	108, 114, 123, 132, 141, 152, 165, 178, 201, 201+	108, 114, 123, 132, 141, 152, 165, 178, 201, 201+	106, 112, 119, 125, 132, 141, 152, 165, 178, 178+	106, 112, 119, 125, 132, 141, 152, 165, 178, 178+	108, 114, 123, 132, 141, 152, 165, 178, 201, 201+
# of Rds/Min.	3 Rds 1 min	3 Rds 1 min	3 Rds 1.5 min, or less	3 Rds 2 mins, or less	3 Rds 3 mins, or less	3 Rds 3 mins, or less	3 Rds 3 mins, or less	3 Rds 3 mins, or less	3 Rds 2 mins, or less
Count Limits in a Round and Bout	Bout stopped upon 3rd in a Round, 4th in a bout	Bout stopped upon 3rd in a Round, 4th in a bout	Bout stopped upon 3rd in a Round, 4th in a bout	Bout stopped upon 3rd in a Round, 4th in a bout	Bout stopped upon 3rd in a Round, 4th in a bout	Bout stopped upon 3rd in a Round, 4th in a bout	Bout stopped upon 3rd in a Round, 4th in a bout	Bout stopped upon 3rd in a Round, 4th in a bout	Bout stopped upon 3rd in a Round, 4th in a bout
Gloves*	Boxers up to 141lbs wear 10, 12, or 16oz. 152lbs & above use 12 or 16 oz.	Boxers up to 141lbs wear 10, 12, or 16oz. 152lbs & above use 12 or 16 oz.	Boxers up to 141lbs wear 10, 12, or 16oz. 152lbs & above use 12 or 16 oz.	Boxers up to 141lbs wear 10, 12, or 16oz. 152lbs & above use 12 or 16 oz.	Boxers up to 141lbs wear 10, 12, or 16oz. 152lbs & above use 12 or 16 oz.	Boxers up to 141lbs wear 10, 12, or 16oz. 152lbs & above use 12 or 16 oz.	Boxers up to 141lbs wear 10, 12, or 16oz. 152lbs & above use 12 or 16 oz.	Boxers up to 141lbs wear 10, 12, or 16oz. 152lbs & above use 12 or 16 oz.	16 oz. for all weights, and "Masters-approved"
Headgear	Yes Open face or with Cheek Protectors	Yes Open face or with Cheek Protectors	Yes Open face or with Cheek Protectors	Yes Open face or with Cheek Protectors	Yes Open face or with Cheek Protectors	Yes Open face or with Cheek Protectors	Yes Open face or with Cheek Protectors	Yes Open face or with Cheek Protectors	Yes, and headgear must be "Masters-approved"
Matched Bouts — by Date-of-Birth (24-month maximum for JOs).	8 year old may box 8-9 9 year old may box 8-11 10 year old may box 9-12	11 year old may box 9-13 12 year old may box 10-14	13 year old may box 11-15 14 year old may box 12-16	15 year old may box 13-17 16 year old may box 14-17	17 year old may box 15-40 18 year old may box 17-40	19 year old may box 17-40	17 year old may box 15-40 18 year old may box 17-40	19 year old may box 17-40	May only box other Masters, within 10 years of opponent
Weight Differentials for Matched Bouts (in lbs)	101, and under = 5 lbs. 106 = 7 lbs. 110 = 7 lbs. 114 = 7 lbs. 119 = 7 lbs. 125 = 9 lbs. 132 = 9 lbs. 138 = 9 lbs. 145 = 9 lbs. 154 = 9 lbs. 165 = 12 lbs. 176 = 12 lbs. 176+ = no limit	101, and under = 5 lbs. 106 = 7 lbs. 110 = 7 lbs. 114 = 7 lbs. 119 = 7 lbs. 125 = 9 lbs. 132 = 9 lbs. 138 = 9 lbs. 145 = 9 lbs. 154 = 9 lbs. 165 = 12 lbs. 176 = 12 lbs. 176+ = no limit	101, and under = 5 lbs. 106 = 7 lbs. 110 = 7 lbs. 114 = 7 lbs. 119 = 7 lbs. 125 = 9 lbs. 132 = 9 lbs. 138 = 9 lbs. 145 = 9 lbs. 154 = 9 lbs. 165 = 12 lbs. 176 = 12 lbs. 176+ = no limit	101, and under = 5 lbs. 106 = 7 lbs. 110 = 7 lbs. 114 = 7 lbs. 119 = 7 lbs. 125 = 9 lbs. 132 = 9 lbs. 138 = 9 lbs. 145 = 9 lbs. 154 = 9 lbs. 165 = 12 lbs. 176 = 12 lbs. 176+ = no limit	108 = 6 lbs. 114 = 6 lbs. 123 = 8 lbs. 132 = 8 lbs. 141 = 10 lbs. 152 = 10 lbs. 165 = 10 lbs. 178 = 15 lbs. 201 = 15 lbs. 201+ = no limit	108 = 6 lbs. 114 = 6 lbs. 123 = 8 lbs. 132 = 8 lbs. 141 = 10 lbs. 152 = 10 lbs. 165 = 10 lbs. 178 = 15 lbs. 201 = 15 lbs. 201+ = no limit	106 = 8 lbs. 112 = 8 lbs. 119 = 8 lbs. 125 = 8 lbs. 132 = 10 lbs. 141 = 10 lbs. 152 = 10 lbs. 165 = 15 lbs. 178 = 15 lbs. 178+ = no limit	106 = 8 lbs. 112 = 8 lbs. 119 = 8 lbs. 125 = 8 lbs. 132 = 10 lbs. 141 = 10 lbs. 152 = 10 lbs. 165 = 15 lbs. 178 = 15 lbs. 178+ = no limit	108 = 6 lbs. 114 = 6 lbs. 123 = 8 lbs. 132 = 8 lbs. 141 = 10 lbs. 152 = 10 lbs. 165 = 10 lbs. 178 = 15 lbs. 201 = 15 lbs. 201+ = no limit

* All competition gloves and headgear must be USA Boxing or AIBA-approved. In the case of 16oz gloves, boxers of any age may use USA Boxing "Masters-approved" gloves.